



SCOTTISH TROUT CERTIFICATION

21 September 2026

ESSENTIAL FOODS sources exclusively fresh Scottish trout. The trout is an exceptional fish, naturally rich in essential Omega-3 fatty acids, high-quality protein and a range of important nutrients. With its delicate flavour and lean, tender texture, trout offers a delicious alternative to salmon.

Our Scottish trout is sourced from responsibly managed fisheries that follow rigorous and sustainable farming practices. This helps ensure the health, welfare and quality of the fish are maintained to the highest standards, from farm to table.



Christian Degner-Elsner
Founder

Helen Gibbon
Director of Quality

One mission: To improve & prolong the lives of dogs & cats

ESSENTIALFOODS.COM